

Wednesday	Thursday	Friday	Saturday	Sunday
morning	morning	morning	morning	morning
09.00 M SUP Tech Heat 1	08.30 WK4 500m Heat 1	08.30 WK4 500m SF	09.38 M VL3 200m Final A*	09.38 M KL2 200m Final A*
09.15 M SUP Tech Heat 2	08.35 WK4 500m Heat 2	08.35 MK4 500m SF	09.47 W VL2 200m Final A*	09.47 W KL1 200m Final A*
09.30 M SUP Tech Heat 3	08.40 MK4 500m Heat 1	change over 500-1000m	09.56 W VL1 200m Final -	09.56 M VL1 200m Final -
09.45 M SUP Tech Heat 4	08.45 MK4 500m Heat 2	08.50 WK1 1000m SF	10.02 M VL3 200m Medal	10.02 M KL2 200m Medal
10.00 M SUP Tech Heat 5	change over 500-1000m	08.57 MK1 1000m SF 1	10.09 W VL2 200m Medal	10.09 W KL1 200m Medal
10.15 W SUP Tech Heat 1	09.00 WK1 1000m Heat 1	09.04 MK1 1000m SF 2	10.16 W VL1 200m Medal	10.16 M VL1 200m Medal
10.30 W SUP Tech Heat 2	09.07 WK1 1000m Heat 2	09.11 MC1 1000m SF		
10.45 W SUP Tech Heat 3	09.14 MK1 1000m Heat 1	change over 1000-200m		
11.00 W SUP Tech Heat 4	09.21 MK1 1000m Heat 2	09.30 M VL3 200m SF		
	09.28 MK1 1000m Heat 3	09.35 WC1 200m SF	change over 200-500m	
	09.35 MC1 1000m Heat 1	09.40 MC1 200m SF	10.33 MC1 500m Final B	change over 200-500m
11.30 M SUP Tech QF 1	09.42 MC1 1000m Heat 2	09.45 WK1 200m SF	10.41 WK1 500m Final B	10.38 WK2 500m Final B
11.40 M SUP Tech QF 2	change over 1000-200m	09.50 MK1 200m SF	10.49 MK2 500m Final B	change over 500-1000m
11.50 M SUP Tech QF 3	10.00 WC1 200m Heat 1	change over 200-1000m		10.46 MK1 1000m Final B
12.00 M SUP Tech QF 4	10.05 WC1 200m Heat 2	10.05 MK2 1000m SF		
	10.10 MC1 200m Heat 1	change over 1000-500m	11.08 WK1 500m Final A	change over 200-500m
	10.15 MC1 200m Heat 2	10.20 MC1 500m SF1	11.17 MK2 500m Final A	11.08 MK1 1000m Final A
13.00 W SUP Tech SF1	10.20 WK1 200m Heat 1	10.25 MC1 500m SF2	11.23 WK1 500m Medal	change over 1000-500m
13.10 W SUP Tech SF1	10.25 WK1 200m Heat 2	10.30 WK1 500m SF1	change over 500-1000m	11.19 WK2 500m Final A
13.20 M SUP Tech SF 1	10.30 MK1 200m Heat 1	10.35 WK1 500m SF2	11.33 MC1 1000m Final A	11.25 MK1 1000m Medal
13.30 M SUP Tech SF 1	10.35 MK1 200m Heat 2	10.40 MK1 500m SF1	11.41 MK2 500m Medal	11.35 MC2 500m Final A
	change over 200-1000m	10.45 MK1 500m SF2	change over 1000-200m	11.41 WK2 500m Medal
	10.50 WK2 1000m Heat 1	change over 500-200m	11.52 W KL3 200m Final A*	change over 500-200m
	10.57 WK2 1000m Heat 2	11.00 W KL3 200m SF	12.01 M KL1 200m Final A*	11.52 W KL2 200m Final A*
	11.04 MK2 1000m Heat 1	11.05 M KL2 200m SF	12.07 MC1 1000m Medal	12.01 M VL2 200m Final A*
	11.11 MK2 1000m Heat 2	11.10 M KL3 200m SF	change over 200-500m	12.07 MC2 500m Medal
	change over 1000-200m	11.15 MK2 200m SF	12.17 WC2 500m Final	12.17 WC1 200m Final A
	11.25 MK2 200m Heat 1	change over 200-500m	12.26 WK4 500m Final A	change over 200-500m
	11.30 MK2 200m Heat 2	11.30 MC2 500m SF	12.33 W KL3 200m Medal	12.26 MK4 500m Final A
	11.35 M VL3 200m Heat 1	11.35 WK2 500m SF1	12.40 M KL1 200m Medal	12.32 W KL2 200m Medal
	11.40 M VL3 200m Heat 2	11.40 WK2 500m SF2	12.47 WC2 500m Medal	12.39 M VL2 200m Medal
	change over 200-500m	11.45 MK2 500m SF1	12.54 WK4 500m Medal	12.46 W KL1 200m Medal
	12.00 MC1 500m Heat 1	11.50 MK2 500m SF2		12.53 MK4 500m Medal
	12.05 MC1 500m Heat 2	afternoon	SUP Inflatable Race 5km	Kids race 500m
	12.10 MC1 500m Heat 3	14.03 W SUP Sprint Final B	change over 500m-Tech	change over 500 - 5000m
	12.15 WK1 500m Heat 1	14.12 M SUP Sprint Final B	14.18 W SUP Tech Final B	14.38 MC1 5000m Final
	12.20 WK1 500m Heat 2	14.20 MK1 500m Final B	14.33 M SUP Tech Final B	15.08 WK1 5000m Final
	12.25 WK1 500m Heat 3	change over 500-1000m		15.35 MC1 5000m Medal
	12.30 MK1 500m Heat 1	14.38 MK2 1000m Final A	15.08 W SUP Tech Final A	15.45 MK1 5000m Final
	12.35 MK1 500m Heat 2	14.49 MC2 1000m Final -	15.35 W SUP Tech Medal	16.15 WK1 5000m Medal
	12.40 MK1 500m Heat 3	15.00 WK1 1000m A	15.42 M SUP Tech Medal	16.25 WC1 5000m Final
afternoon	afternoon	15.08 MK2 1000m Medal	Highlights of SUP LD M&W Finals	16.55 MK1 5000m Medal
15.00 M SUP Sprint Heat 1	15.00 MC2 500m Heat 1	change over 1000-500m	16.03 MK4 1000m Final -	17.05 WC1 5000m Medal
15.05 M SUP Sprint Heat 2	15.05 MC2 500m Heat 2	15.18 WC1 500m Final -	16.14 WK2 1000m Final A	
15.10 M SUP Sprint Heat 3	15.10 WK2 500m Heat 1	15.27 MK1 500m Final A	16.22 MK4 1000m Medal	
15.15 M SUP Sprint Heat 4	15.15 WK2 500m Heat 2	15.33 MC2 1000m Medal	change over 1000-500m	
15.20 M SUP Sprint Heat 5	15.20 WK2 500m Heat 3	change over 500-200m	16.33 MC1 500m Final A	
15.25 W SUP Sprint Heat 1	15.25 MK2 500m Heat 1	15.43 W SUP Sprint Final A	16.39 WK2 1000m Medal	
15.30 W SUP Sprint Heat 2	15.30 MK2 500m Heat 2	15.52 M SUP Sprint Final A	change over 500-200m	
15.35 W SUP Sprint Heat 3	15.35 MK2 500m Heat 3	15.58 WK1 1000m Medal	16.49 WK2 200m Final -	
15.40 W SUP Sprint Heat 4	change over 500m-200m	16.08 WVL3 200m Final A*	16.58 MK1 200m Final A	
	15.50 W KL3 200m Heat 1	16.17 MKL3 200m Final A*	17.07 WC2 200m Final -	
	15.55 W KL3 200m Heat 2	16.23 WC1 500m Medal	17.16 MC2 200m Final -	
	16.00 M KL2 200m Heat 1	16.33 WK1 200m Final A	17.22 MC1 500m Medal	
	16.05 M KL2 200m Heat 2	16.42 MC1 200m Final A	17.29 WK2 200m Medal	
	16.10 M KL3 200m Heat 1	16.51 MK2 200m Final A	17.36 MK1 200m Medal	
	16.15 M KL3 200m Heat 2	16.57 W SUP Sprint Medal	17.43 WC2 200m Medal	
	change over 200m-LD	17.04 M SUP Sprint Medal	17.50 MC2 200m Medal	
	16.45 Open Men SUP LD Final	17.11 MK1 500m Medal		
	16.48 Open Women SUP LD Final	17.18 WVL3 200m Medal		
	16.51 Masters Men SUP LD Final	17.25 MKL3 200m Medal		
	16.54 Masters Women SUP LD Final	17.32 WK1 200m Medal		
	16.57 Junior Men SUP LD Final	17.39 MC1 200m Medal		
	17.00 Junior Women SUP LD Final	17.46 MK2 200m Medal		
	18.15 Open Men SUP LD Medals			
	18.23 Open Women SUP LD Medals			
	18.31 Masters Men SUP LD Medals			
	18.39 Master Women SUP LD Medals			
	18.47 Junior Men SUP LD Medals			
	18.55 Junior Women SUP LD Medals			