

LA RUN 2025 SLALOM

Comen i lé,

Dear sport friends,

The “comité régional Réunionnais de Canoë Kayak” (FFCK) is pleased of to invite you to the” **ICF RUN SLALOM 25** Competition” held from February 7th up to February 8th in La Réunion, Ste Suzanne.

The Host Organizing Committee is proud to announce that this **5th edition of “la RUN SLALOM ”** is **also an ICF ranking level 3**; The “Canoe Kayak Reunion” is doing its best to promote the paddling community in the Indian Ocean and this will be its greatest 2025 event

We want to thank the ICF and the French federation for the confidence they showed in us..

We want to thank, the CREPS Réunion, La Région Reunion, le Département, la CINOR et le SEVI for their continuous support.

We wish the best to all the athletes and thank all those who will collaborate to the event

@canoe kayakreunion

@<https://www.facebook.com/comitereunion.canoekayak>



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General information of Réunion Island.

Réunion Island is a French island located in the Indian Ocean, between Mauritius and Malagasy. Réunion Island is a part of Europe in the southern hemisphere. It is famous for its waterfalls, its mountains (3090m), its creole food, and the beauty of the ocean; It is a paradise for all paddlers. You can practice slalom, ocean racing, and white-water activities. Regarding general data, there are 860,000 inhabitants and the average temperature is 30° C (February/at sea level),

General information of the venue.

The white-water artificial stadium is built on the bank of Sainte Suzanne river. The design of the white-water channels includes a system of complementary channels and mechanical conveyor belts which enable paddlers to return to their starting point without having to leave their boats. The slalom course's specific features are the following: - Length: 350 m - Drop: 8 m - Flow: 10 m³/s - Course features: concrete bottom, banks and modular obstacles - Spectators capacity: 2,000 people If you want to use the course before the ICF Cup for training camps, the SEVI team can book training slots directly at : <https://docs.google.com/spreadsheets/d/1pFT2J5fsLwaYM-Q3QVHxu-r43WWt2S67SISV-3xAHal/edit?usp=sharing>

More information : frederic.gravina@cinor.re



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Competition & animation program

- **Wednesday february 5th (kids event)**
 - 13:00 – 17:00 « **Mini Run Slalom** » 7-18
- **Thursday february 6th**
 - 8:00 – 18:00 - Training session
- **Friday february 7th**
 - 8:00 – 13 - Training session
 - 9:00 - Team leader meeting – (1st floor)
 - 10:00 – 12:00 – Confirmation & bibs distribution slalom & Kayak cross
 - 13:00 Slalom & kcross construction –
 - 15:00 Démo run Slalom
 - **16:30 Kayak cross individual**
 - 19:00 Closure of the white water course
- **Saturday february 8th**
 - 7:30 Water on the stadium
 - 9:00 Forunners
 - **9:15 Slalom - Heat C1w – C1m – K1w – K1m**
 - 13:00 Slalom – Final B C1w – C1m – K1w – K1m
 - **14:30 Slalom – Final ICF - C1w (12) – C1m (12)– K1w (12) – K1m (12)**
 - **16:30 Kayak cross Heats 1/8**
 - **17:30 Kayak cross final**
 - **19:00 Award ceremony**
 - Diner & party
- **Sunday february 9th (public event)**
 - 8:00 – Opening of the site
 - 10:00 – 12:00 – Maxi Run « Niagara - kayak-swim-run »
 - **12:30 Award ceremony**
 - 15:00 – Closure of the site

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General information RUN SLALOM 2025

- **To book training slots**

<https://docs.google.com/spreadsheets/d/1pFT2J5fsLwaYM-Q3QVHxu-r43WWt2S67SISV-3xAHaI/edit?usp=sharing>

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- Training session white water 12€
- Training session gym 5€
- Kayak cross rental 10€
(6 Paname S / 6 Panam/ 7 Chilli - 7 Ripper Evo).

- **Organisation :**

[Comité Régional Réunion Canoë Kayak \(CRRCK\)](#)

- **Contact - visa requirements**

Hugo BISO hbiso@ffck.org / 06.81.77.64.61



- **Location**

Stade en Eaux Vives

Comité Régional Réunionnais de Canoë Kayak
2 rue du stade 97441 SAINTE SUZANNE

- **Entries, and deadlines**

- **ICF Ranking competition:**

Entries and accreditation requests must be made by the National Federation using the ICF's online entries system (SDP): <https://icf.msl.es/icf/icf.jsp> For detailed instructions on how to submit entries, please read the SDP user guide. Any questions or issues relating to entries or accreditations should be sent to sdp@canoeicf.com prior to the respective deadline.

[SDP user guide](#)

[ICF Rules 2025](#)

Nominal entries deadline: 30/01/2024.

Late entry policies ([Canoe slalom rules – chapter 1.6.1.f](#))

- French athletes <http://compet.ffck.org>

- **Participation fees**

Canoe and kayak events	60€/ athletes/event
Kayak cross	40€/athletes



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General information

- **TV live** on our FB
- **Catering** You can eat local food on site all weekend : curry, samossas, soft drinks, beer... 😊 .
- **Festivity** You are invited to celebrate after the race on Saturday evening from 7 pm to midnight. You can dance and dine on site with Local DJ for 25€ “Musik et diné Kréol” 🎉 (please registration and payment during the bibs distribution).
- **To look for accommodation & tourist information** : Airbnb – booking - <https://www.lebeaupays.com/>
- **Aircrafts tickets** : AirFrance – AirAustral - French bee = Corsair
- Brandon.catan@canoe-kayak-reunion.com

